

## **ADDICTION MINISTRY RESOURCES**

Compiled by Jeff Coppage  
August 10, 2010

### **DENOMINATIONAL RESOURCES**

- [Chemical Dependency Ministries \(UMC\)](http://www.okumcministries.org/Addiction_Ministries/home.asp)  
[http://www.okumcministries.org/Addiction\\_Ministries/home.asp](http://www.okumcministries.org/Addiction_Ministries/home.asp)

We are a United Methodist ministry of the Oklahoma Conference who recognizes that the disease of addiction is also a spiritual issue. This ministry provides education and resources to offer hope, healing and understanding within our communities.

This ministry seeks to equip and provide a resource base for pastors and lay persons in recognizing, understanding, and working with chemically dependent persons and their families; offering hope, healing, reconciliation, spiritual guidance and spiritual formation.

What can Addiction Ministries provide for you and your church? Addiction Ministries is equipping the local United Methodist Church in developing and providing an effective, inclusive ministry to people impacted by and struggling with issues of chemical dependency and substance abuse by providing programs, resources and services. Call or e-mail the Addiction Ministries office to find out more information on any of our programs and resources.

- [Recovery Ministries of the Episcopal Church](#)  
Recovery Ministries is an independent, nationwide network of Episcopal laity and clergy, dioceses and parishes, schools, agencies, and other institutions—all with a common commitment to address the use and misuse of alcohol and other drugs.
- [Presbyterians for Addiction Action \(PAA\)](#)  
PAA assists Presbyterians as they minister in an increasingly addictive society to restore people to God's promise of wholeness.

## CONGREGATIONAL RECOVERY TEAMS

- **Faith Partners Inc.:** Founded in 1995 in Austin TX by religious leaders seeking ways to mobilize the resources of the faith community to address alcohol and drug issues. <http://faith-partners.org/>
  - Three Steps to Effectively Serving the Congregation  
<http://faith-partners.org/our-approach/steps-to-start/>
- **Faith Partners, Inc. United Methodist Addiction Ministries:** Step-by-step program developing local church Faith Partner Teams that promote healing in congregations.  
[http://www.okumcministries.org/Addiction\\_Ministries/Faith\\_Partners.htm](http://www.okumcministries.org/Addiction_Ministries/Faith_Partners.htm)

### Materials for Establishing Recovery Team Ministries:

- **Example of a Congregational Resource Guide (UMC Oklahoma Conference):**  
[http://www.okumcministries.org/Addiction\\_Ministries/Files/Resource\\_Guide.pdf](http://www.okumcministries.org/Addiction_Ministries/Files/Resource_Guide.pdf)
- **Helping Hands for the Addicted (Episcopal Church)** - “this booklet provides information, guidelines, and resources for congregations and members of the church to grow in skill for combating the destructive power of addiction.”  
[http://www.episcopalrecovery.org/index\\_files/helpinghandsfortheadicted.htm](http://www.episcopalrecovery.org/index_files/helpinghandsfortheadicted.htm)
- **Understanding and Counseling the Alcoholic by Howard J. Clinebell, Jr. Chapter 13 -An Alcoholism Strategy for the Congregation (14 pages)**  
<http://www.religion-online.org/showchapter.asp?title=576&C=735>
- **The Addiction Ministry Handbook: A Guide for Faith Communities**  
Author: [Denis Meacham](#) ISBN: 9781558964761 Publisher: Skinner House  
Publication Date: 5/10/04  
Inspiration, guidance and tools for launching and sustaining a congregation-based program to identify and support individual members affected by drug and alcohol addiction. Incorporates up-to-date information from addiction science and pastoral care. Meacham, a certified addictions counselor, is affiliate minister at First Parish Brewster in Cape Cod, MA and director of its Center for Addictions Ministry.  
<http://www.amazon.com/Addiction-Ministry-Handbook-Guide-Communities/dp/1558964762>

## **FAITH-ORIENTED (Non-denominational)**

- **National Association for Christian Recovery**  
<http://www.nacronline.com/>
- **Christian Recovery International**  
<http://www.christianrecovery.com/>
- **IPA: Faith-Based Resources**  
Christian Recovery Connection. <http://crc.iugm.org/www.html> ... A joint effort of the faith community and the South Carolina Department of Alcohol and Other ...  
[www.andrews.edu/ipa/2004/resources-faith-text.htm](http://www.andrews.edu/ipa/2004/resources-faith-text.htm)

## **CLERGY & PASTORAL COUNSELING**

- **Clergy Recovery Network**  
<http://www.clergyrecovery.com/>
- [Recovered Alcoholic Clergy Association \(RACA\)](#)  
The Recovered Alcoholic Clergy Association (RACA) is a working fellowship of the clergy of the Episcopal Church. It is open to ALL clergy.

### **Books for Clergy Care:**

- **Ministering to Alcoholics** John E. Keller  
[http://www.amazon.com/Ministering-Alcoholics-John-E-Keller/dp/0806625406/ref=sr\\_1\\_1?s=books&ie=UTF8&qid=1284645975&sr=1-1](http://www.amazon.com/Ministering-Alcoholics-John-E-Keller/dp/0806625406/ref=sr_1_1?s=books&ie=UTF8&qid=1284645975&sr=1-1)
- **Pastoral Care of Alcohol Abusers** [Andrew J. Weaver](#), [Harold George Koenig](#)
- **Addiction: Pastoral Responses (2002)** [Paperback] Bucky Dann, Dan Bagby  
[http://www.amazon.com/Addiction-Pastoral-Responses-Bucky-Dann/dp/0687045045/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1278175726&sr=8-1](http://www.amazon.com/Addiction-Pastoral-Responses-Bucky-Dann/dp/0687045045/ref=sr_1_1?ie=UTF8&s=books&qid=1278175726&sr=8-1)
- [The Minister and the Care of Souls](#) by [Daniel Day Williams](#)  
(ENTIRE BOOK) A theologian's perspective on the issues involved in the pastoral task.

**BOOKS**

**Top Books Recommended by United Methodist Addiction Ministries**

[http://www.okumcministries.org/Addiction\\_Ministries/Book\\_Library.asp](http://www.okumcministries.org/Addiction_Ministries/Book_Library.asp)

Title	Description
<b>Aging and Addiction by Carol Colleran and Debra Jay</b>	Reliable research, vital medical information, compelling testimonies as this book addresses the social problems of substance abuse by older adults. Costly assisted living burdens the family finances as Seniors lose their ability to live alone.
<b>Codependent No More, How to Stop Controlling Others and Start Caring for Yourself by Melody Beattie</b>	Codependent behavior produces harmful emotional, relational, spiritual and physical consequences. The book provides instructive life stories, reflections and exercises to make us aware of our own codependent behaviors and how to achieve freedom.
<b>Addiction and Grace, Love and Spirituality in the Healing of Addictions by Gerald May, M.D.</b>	May offers a vision of hope for those who explore the mystery of who and what they really are. May examines the "processes of attachment" that lead to addiction and describes the relationship between addiction and spiritual awareness.
<b>Addictive Thinking, Understanding Self-Deception by Abraham J. Twerski, M.D. 2nd edition</b>	Addictive thought is self-deceptive and offers a superficial logic that can be misleading to the addict and the addict's family members. Twerski reveals how self-deception can undermine self-esteem and threaten sobriety.
<b>Adult Children of Alcoholics by Janet Woritiz, Ed. D.</b>	Growing up in a dysfunctional family can lead to negative consequences on health, work and love. Rather than allowing our actions and reactions to be governed by an unhealthy childhood, you explore ways to recognize & prevent an unhealthy future.

- **UMC OKLAHOMA CONFERENCE BOOK LIBRARY (9 pages)**  
[http://www.okumcministries.org/Addiction\\_Ministries/Files/Book\\_Library.pdf](http://www.okumcministries.org/Addiction_Ministries/Files/Book_Library.pdf)
- “So Help Me God: Substance Abuse, Religion, and Spirituality” - The National Center on Addiction and Substance Abuse (CASA)  
<http://www.casalibrary.org/CASAPublications/Spirituality.pdf>

## RECOVERY MONTH RESOURCES: September 2010



<http://www.recoverymonth.gov/>

2010 Join the Voices For Recovery: Now More Than Ever! Recovery Month Toolkit  
The 2010 Recovery Month toolkit focuses on the effectiveness of substance abuse and mental health prevention and treatment services and the hope of recovery. The toolkit features helpful statistics, resources, event ideas, suggestions, and samples on how to reach local media, fact sheets for key constituency groups, special audiences, and more. All of the materials can help you convey the 2010 observance theme: Join the Voices for Recovery: Now More Than Ever! Targeted outreach includes public safety officials, older Americans, the workforce and families

### FREE BROCHURES

- [Alcohol and Drug Addiction Happens in the Best of Families \(CSAT 2005\) \(PHD1112\)](#)  
Dependence on alcohol and drugs is our most serious national public health problem. This brochure discusses this problem in the context of the family and explains that all members are affected.
- [It Feels So Bad \(CSAT 2005\) \(PHD1111\)](#)  
Millions of young people worry about their parents drinking too much or using drugs. This brochure offers answers to questions children have about their parents' substance abuse.
- **What is Substance Abuse Treatment? A Booklet for Families**  
This booklet, created for family members of those dependent on alcohol or illicit drugs, answers questions often asked by families of people entering treatment. It also offers a resources section with additional information and a list of support groups that may be helpful. **Publication reprinted as [SMA08-4126](#)**

## ONLINE TREATMENT FINDERS

- [Alcohol / Drug Council of North Carolina](#)

*Alcohol / Drug Council of North Carolina*. To reduce the human suffering and economic cost of *alcoholism* and *other abuse* and. 1-800-688-4232. [www.alcoholdrughelp.org](http://www.alcoholdrughelp.org)

- **SAMSA Find Treatment Locator**

<http://www.findtreatment.samhsa.gov/>

North Carolina has 350 facilities listed coded by type of service (50 pages)

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## 12 STEP AND SELF-HELP RESOURCES IN NORTH CAROLINA

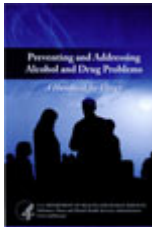
- [Alcoholics Anonymous in NC](#)
- [Narcotics Anonymous for Carolinas](#)
- [Al-Anon/Alateen](#)
- [Oxford Houses of North Carolina](#)
- [National Alliance on Mental Illness](#)

## CLERGY TRAINING: [NACoA](#)

### **The National Association for Children of Alcoholics Clergy and Other Pastoral Ministers**

Alcohol and drug problems interfere with the capacity of addicted individuals and their family members to develop and sustain a meaningful spiritual life. Clergy and other pastoral ministers have a wide array of opportunities to address these problems and lead hurting families to recovery support and healing.

Therefore, NACoA established a broad ranging Faith Initiative, which includes The Clergy Education and Training Project® (CETP). Core Competencies, curriculum development, development of free materials for distribution through congregations for educational efforts, and partnerships with federal agencies, leading pastoral counseling organizations and seminary training programs are all part of this effort. For more information on the CETP, see the pamphlet “[Breaking Down the Wall of Silence](#)” below.



This recently updated handbook -- created by NACoA's Clergy Education and Training Project® for SAMHSA's Center for Substance Abuse Prevention, provides some basic information on alcoholism and addiction, the impact of parental addiction on children, facts about adolescent alcohol and drug use, and prevention strategies. It also has an appendix with handouts for use with children of alcohol and drug dependent parents. You can [download](#) the handbook or [order](#) a copy free of charge. NACoA's new on-line course, *Preventing Alcohol and Drug Problems: A Course for Clergy*, is based on this handbook.

[Webinar Presentation Slides Available Topic: Alcohol and Drug Dependence: Its Impact on Congregations, Families and Community Understanding Addiction, Promoting Recovery.](#) A webinar program of The Clergy Education and Training Project® June 25, 2009

## Clergy Certificate Program



### **Certificate in Spiritual Caregiving to Help Addicted Persons and Families**

Based on the handbook and curriculum, in *Spiritual Caregiving to Help Addicted Persons and Families*, this certificate will provide faith leaders with basic knowledge about addiction, strategies to help families and children, and information about community resources and mutual support groups. Obtaining this certificate will help you become more knowledgeable and comfortable in supporting those hurting members of your congregation and faith community begin the road to recovery. [Access the application form \(PDF\)](#)

### **Required Readings**

The articles and handbook below have been selected as the foundation readings for the Certificate in Spiritual Caregiving to Help Addicted Persons and Families. The articles are by leaders in dealing with issues impacting children of alcoholics (COAs) and in the area of clergy education. Three articles provide critical information and insights into the affect of alcoholism on the family (Dr. Robert Ackerman), how to help hurting children (Jerry Moe), and the benefits of COA support groups (Claudia Black). Other articles highlight the important role clergy can play in hearing an individual's Fifth Step (Latcovich), using case studies to illuminate the core competencies for clergy in dealing with alcohol and drug dependence and the family (Ladcovich and Wenger) and the importance of psychospirituality when dealing with addiction (McClone). The handbook by Rev. Woodruff covers the competencies which are the foundation of the certificate program and for education of clergy in addressing alcohol and drug dependence and its impact on family members.

[\*Alcoholism and the Family\*](#) by Robert J. Ackerman, Ph.D.

[\*To Walk With One Child\*](#) by Jerry Moe, MA

[\*COA Support Groups\*](#) by Claudia Black, Ph.D., M.S.W

[\*The Clergyperson and the Fifth Step\*](#) by Rev. Mark A. Latcovich, Ph.D.

[\*A Case Study Approach to Teaching Chemical Dependency in Seminary\*](#)

[\*Formation: An Application of the Core Competencies\*](#) by Rev. Mark A. Latcovich, Ph.D., and Sis Wenger

[\*Psychospirituality of Addiction\*](#) by Kevin P. McClone, D.Div., Psy.D.

[\*Spiritual Caregiving to Help Addicted Persons and Families\*](#)

[\*Handbook For Use by Pastoral Counselors in Clergy Education\*](#)

by Rev. C. Roy Woodruff, Ph.D.

(Articles from Core Elements of Priestly Formation Programs, Vol. 4, Addictions & Ministry Formation, June 2005 are presented here with the permission of the Seminary Department, National Catholic Education Association, 1077 30th St., NW, Suite 100, Washington, DC 20007-3852.)

## ACoA Offers On-line Courses

**Preventing Alcohol and Drug Problems: A Course for Clergy.** This course is designed to help clergy attain knowledge and skills about prevention of alcohol and drugs, as well as the impact of family addiction and substance use disorders on children and youth. The online course provides practical steps that can be taken to help children and youth in congregations and communities. To access course outlines and register, [click here](#)

**[Addiction and the Family: An Online Course for Faith Leaders](#)** is based on the materials in "Spiritual Caregiving to Help Addicted Persons and Families." This course was developed to enhance your understanding of addiction and its impact on family members and provide you with strategies and tools to help individuals and family members start on the road to recovery. This course is designed to meet half the training requirements for the Certificate in Spiritual Caregiving to Help Addicted Persons and Families and provides three (3) education contact hours.



### **Curriculum for Education of Faith Leaders**

To help educate faith leaders, NACoA developed *Spiritual Caregiving to Help Addicted Persons and Families*, a clergy education toolkit that includes a handbook for the instructor, curriculum modules, a course outline for the participants, relevant articles for background reading and handouts for each lesson. Designed for use in the education of faith leaders, the toolkit is based on the *Core Competencies for Clergy and Other Pastoral Ministers In Addressing Alcohol and Drug Dependence and Its Impact on Family Members*. To obtain the curriculum please contact NACoA. The articles listed and accessible in the Certificate Program section above are also contained in this curriculum toolkit. Additional articles of interest are listed below.

### **Other Relevant Articles:**

[The Set Up: Living With Addiction](#) by Dr. Tian Dayton gives you an overview of the impact on families who live with alcohol abuse, alcoholism or other drug addictions. You are welcome to download it and use in your own educational programs, with attribution to Dr. Dayton and NACoA.

[Role of Clergy: The Effects of Alcohol and Drugs on the Person and the Family](#), by Rev. C. Roy Woodruff, Ph.D.

We invite you to review the following documents. They are available in PDF format or you can order a free copy of the *Core Competencies* Booklet [here](#). An order form to obtain free copies of the poster and pamphlets is shown below.



[See the Core Competencies](#)



[Spiritual Caregiving to Help Addicted Persons and Families Handbook For Use by Pastoral Counselors in Clergy Education](#)



[Breaking Down the Wall of Silence \(PDF\)](#)

Additionally, Substance Abuse and Mental Health Services Administration's Center for Substance Abuse Treatment has worked with NACoA to create a new poster and complementary pamphlets [It Feels so Bad](#) and [Alcohol and Drug Addiction Happens in the Best of Families...and it Hurts](#) designed for use in faith communities – especially as pick-up materials in pamphlet racks and in congregational offices and educational centers. Materials can be ordered from [NCADI](#). The poster and pamphlets are also available in Spanish.



[Alcohol and Drug Abuse Hurts Everyone in the Family...](#)



[It Feels so Bad](#)



[Alcohol and Drug Addiction Happens in the Best of Families...and it hurts](#)

**Core Competencies Self-Study Guide Available.** *Studies in the Twelve Core Competencies* is a new self-study guide for clergy and other pastoral ministers wishing to enhance their knowledge and skills on alcoholism and other drug dependencies. The self-guided course helps ministry caregivers to become more informed and better prepared to

respond to the problem of addiction with individuals and within families. Developed by Rev. Christopher C. Bowers, M.Div., the guide grew out of the author's participation in NACoA's Clergy Education and Training Project<sup>®</sup>. For more information and to order, visit <http://www.counselorandclergy.com>

**Related Materials:**

[\*Children of Alcoholics: Important Facts\*](#)

[\*Children of Addicted Parents \(PDF\)\*](#)

[\*Free Posters and Pamphlets\*](#)